

Surname

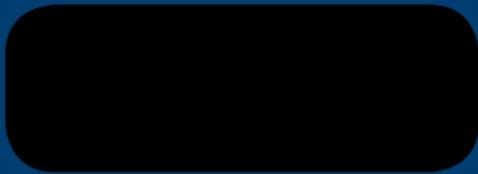
Sail Training International

TRAINEE LOGBOOK

Basic Safety and Seamanship Record of Training



Sail Training International



TRAINEE IDENTIFICATION

Surname

Other names

Date of Birth (dd/mm/yy)

Citizenship

Address

City and Country of Birth

Passport (country of issue and number)

Affix passport size
photo in this space

INTRODUCTION AND DEFINITIONS

This Logbook presents a recommended series of best practices for Basic Safety and Seamanship Training. Its design reflects the requirements set (by the International Maritime Organisation) for Special Purpose Ships and Special Personnel. For clarity, the IMO definitions of **'Training Programme'** and **'Special Personnel'** are set forth below:

'Training Programme' means *a defined course of instruction and practical experience in all aspects of ship operations, similar to the basic safety training as offered by the maritime institutions in the country of the Administration.*

'Special Personnel' means, *inter alia, personnel engaging in training and practical marine experiences to develop seafaring skills suitable for a professional career at sea. Such training should be in accordance with the training programme approved by the Administration.*

Please note that whenever and wherever the term **'Special Personnel'** is used in this record of training it shall mean **'Sail Trainee'** and, conversely whenever and wherever the term **'Sail Trainee'** or **'Trainee'** appears it shall mean **'Special Personnel'**. **'Logbook'** means 'record of training'.

This first edition of the Trainee Logbook (2009) is the copyright of Sail Training International. It is designed for those receiving training on vessels certificated under the provisions of the SPS Code and on vessels certificated for the purpose of conducting sail training by their flag state.

The information contained in this Logbook is the property of the trainee. Any false entry or false authorisation is considered a violation of the trainee's official record.

PROGRAMME ADMINISTRATION

- Section One must be completed prior to getting underway.
- The instructor must be assigned and approved by the Master or his appointed officer.
- Each topic of each section must be presented, evaluated and approved by the qualified instructor.
- At the conclusion of the voyage, the approved instructor (or examiner) shall affix the official ship's stamp (provided by Sail Training International and the National Sail Training Organisation) to the appropriate section in Trainee Sea Time Log, and initial those elements of training successfully completed.
- Other than the pre-departure proviso for Section One of this Basic Safety and Seamanship Training Programme, no trainee shall be obliged to complete any section within a given voyage or a given time period. Sections Two, Three and Four shall be delivered progressively as time and opportunity permit. (Some elements of Sections Three and Four, particularly those relating to fire-fighting and first aid, can also be delivered by approved training establishments ashore.)
- The effective delivery of this Basic Safety Training Programme shall be the responsibility of the Master and, in his absence, a competent and appropriately trained instructor.
- The Master, or his appointed officer, shall ensure that the Logbook is current and that, upon discharge, the trainee has a complete and officially stamped record of his training and service.

TRAINEE SEA TIME LOG

Vessel Name	IMO Number	Flag state
Date boarded	Date discharged	Days at sea / nautical miles
Ports visited		Ship's stamp

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Date boarded	Date discharged	Days at sea / nautical miles
Ports visited		Ship's stamp

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SECTION ONE

Pre-Departure Training - Vessel Orientation and Basic Safety Procedures

- 1.1 Trainee has been introduced to the professional crew and understands command structure.
- 1.2 Trainee has been briefed on rules, duties and understands command instructions.
- 1.3 Trainee has toured vessel, has been briefed on shipboard routine and watch-keeping duties.
- 1.4 Trainee has been briefed on the location, use and donning of personal survival equipment.
- 1.5 Trainee can recognise alarm signals, can locate and identify his/ her muster station and responds knowledgeably to: Man Overboard (MOB), Fire and Abandon Ship drills/ practices.
- 1.6 Trainee can locate and use all emergency escape routes.

- 1.7 Trainee has been briefed on the opening and closing of fire, weather-tight and water-tight doors.

- 1.8 Trainee has been briefed on and agrees to adhere to marine pollution law and marine pollution prevention practices.

- 1.9 Trainee has been assigned a safety harness, has been instructed in its use and that of other special gear, footwear and safety equipment.

- 1.10 Trainee, as required, has been qualified for, and instructed in, safe conduct for laying aloft.

Competency verified by:

SECTION TWO

Prevention and Safe Practices

Competency verified by:

2.1 Trainee has been briefed and can perform watch duties inclusive of protocol for reporting for and standing down from duty, navigation look-out, fire and gangway/ security watch.



2.2 Trainee has been instructed in safe work practices, in recognising and avoiding hazardous positions, hazardous materials and in the proper use of protective work gear.



2.3 Trainee recognises emergency situations and demonstrates prompt and correct action in response to MOB, Fire and Abandon Ship alarms and is able to assist in the launching of emergency rafts/ craft.



2.4 Trainee has been introduced to and is familiar with the techniques of hauling, belaying, coiling and safe line handling.



2.5 Trainee can tie and use basic knots including: bowline, reef, figure of eight, clove hitch etc.



2.6 Trainee has been instructed in, and demonstrates an understanding of, helmsmanship, helm orders, and procedures for helm relief.



2.7 Trainee has been briefed on and understands COLREGS related to look-out, safe speed and risk of collision (R 5,6,7).



SECTION THREE

Navigation, Social Responsibility and Survival Techniques

Competency verified by:

3.1 Trainee is able to identify various types of sail and motor vessels.

3.2 Trainee can explain COLREGS R 13 through 17 related to: overtaking, head-on situation, crossing situation, action by give-way vessel and action by stand-on vessel.

3.3 Trainee can plot a simple course, understands the principles of dead reckoning, can identify basic aids to navigation, and understands basic weather systems and primary weather indicators.

3.4 Trainee has progressed in seamanship skills including preventative maintenance, advanced knot work, basic splicing and basic repair skills.

3.5 Trainee has received instruction in: safe practices, the causes, symptoms and responses to hypothermia and techniques for survival at sea.

3.6 Trainee has been introduced to the shipboard communications suite and has been introduced to the use of: VHF, EPIRP, AIS, GMDSS, SAT PHONE, SSB, SAR.



3.7 Trainee has received training in and understands the importance of practicing effective personal relationships.



3.8 Trainee has successfully completed training in basic first aid and CPR.



3.9 Trainee can identify fire hazards and has learned to be preventative, to minimize fire risks and to maintain a state of preparedness.



3.10 Trainee understands and can locate alarm systems for fire, heat, fire suppression and smoke detection.



SECTION FOUR

Navigation, Seamanship and Basic Fire Prevention / Fighting

Competency verified by:

4.1 Trainee has acquired a working knowledge of: chart plotting, GPS, trip planning, aids to navigation, and notices to mariners.

4.2 Trainee is familiar with and practices the proper use and care of personal protective equipment.

4.3 Trainee has received instruction in safe and appropriate methods of effecting rescues.

4.4 Trainee understands the elements of fire tetrahedron and, therefore, how fires may spread, i.e., conduction, convection, radiation etc.

4.5 Trainee is able to classify fires quickly and to identify appropriate extinguishing methods.



4.6 Trainee is familiar with the location and can describe the safe and proper use of fixed and portable fire suppression and extinguishing systems.



4.7 Trainee has practical knowledge of fire fighting procedures, various fire fighting agents, and methods for defensive/ offensive operations.



EXPLANATORY NOTES

The record of Basic Safety and Seamanship Training set out in this Logbook reflects the requirements set by the International Maritime Organisation for vessels certificated under its Code for Special Purpose Ships. The Sail Training International Logbook is designed for those receiving training on vessels certificated under the provisions of the SPS Code and on vessels certificated for the purpose of conducting sail training by their flag state.

A list of sail training vessels entitled to endorse the record of training established in this Logbook can be found on the Sail Training International website: www.sailtraininginternational.org/logbook. These vessels have been issued a Ship's Stamp by Sail Training International and the relevant National Sail Training Organisation to be used as described in Programme Administration (page 3).

The training programme must be delivered to a standard acceptable to the vessel's national maritime authority. Responsibility for delivering and recording the training programme is entirely that of the vessel operator. Sail Training International and the National Sail Training Organisation that has issued this Logbook cannot accept any responsibility for the quality of the training provided.

The Basic Safety and Seamanship Training curriculum set out in this Logbook has been developed by Sail Training International with assistance from several National Maritime Agencies around the world. It follows a review of respected maritime training and industry sources, including but not limited to: STCW '95 Basic Safety Training, The British Columbia Institute of Technology, the Sail Training Program Guidelines of the American Sail Training Association, the United States Coast Guard COLREGS listings, MCA Large Commercial Yacht Code, RYA Competent Crew Practical Course Syllabus, IMO Marine Safety Committee DE#51, The Norwegian Maritime Directorate, ISAF. These organisations and sources do not have any responsibility for, or otherwise endorse, the content of the Logbook.

SAIL TRAINING INTERNATIONAL

Sail Training International is a registered charity (not-for-profit organisation) with worldwide membership* and activities. Its purpose is the development and education of young people regardless of nationality, culture, religion, gender or social background through the sail training experience.

Sail Training International achieves this purpose through a range of activities and services. These include conferences and seminars, races and other events for sail training Tall Ships, publications and DVD presentations, international research, the Class A Tall Ships Forum (whose members are the operators of circa 70 of the world's largest square-rigged sail training vessels) and the International Youth Forum (whose members are under the age of 26 and represent the interests of young sail trainers around the world).

*The members of Sail Training International are the National Sail Training Organisations of Australia, Belgium, Bermuda, Canada, Denmark, Finland, France, Germany, Greece, India, Ireland, Italy, Latvia, Lithuania, Netherlands, New Zealand, Norway, Poland, Portugal, Russia, South Africa, Spain, Sweden, Turkey, UK and USA. Other countries that have sail training vessels and participate in events organised by Sail Training International include Argentina, Brazil, Bulgaria, Cayman Islands, Chile, Colombia, Czech Republic, Faroe Islands, India, Indonesia, Japan, Malaysia, Mexico, Oman, Romania, and Uruguay.

www.sailtraininginternational.org



Sail Training International

Sail Training International

the international voice of sail training
creating opportunities to change lives

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